



DELHI STATE SUMMER OPEN **ATHLETICS** CHAMPIONSHIPS

JUNE 2026



02-04 JUNE 2026



Jawaharlal Nehru Stadium, New Delhi

Organized by

DELHI ATHLETICS

Abhishek Tandon
President

Parth Goswami
Secretary



Instructions & Order of Event

Rules & Regulations for Delhi State Summer Open Athletics Championships- June 2026

1. **This is a tentative Order of Events / Schedule and may be changed or modified as per requirement and needs.**
2. **BIB numbers** will be distributed **only at Jawaharlal Nehru Stadium**, New Delhi, **on the day of the competition**, at least **2 hours prior** to the respective event.
Participants are required to **produce their original photo ID** and entry receipt at the time of collection.
For any queries related to BIB numbers, kindly contact: 9999284421, 9582698491, 9968180799, 9401818688.
3. Athletes participating in **High Jump, Pole Vault, Javelin Throw, and Hammer Throw** must report **one hour prior** to their event. All other athletes must report **45 minutes before** their event.
4. In **track events**, the **top 8 athletes** will qualify for the **final**. If there are fewer than 8 participants, the event will be conducted as a **direct final**.
5. Events with fewer than **4 participants** will be treated as **trial events**. **No medals or certificates** will be awarded for such events.
6. All protests must be submitted to the TIC within 30 minutes of the official announcement of the result, accompanied by a fee of ₹2,000, in accordance with AFI rules. The decision of the Jury shall be final and binding.
7. **Hurdle events** and races such as **800m, 1500m, 3000m, 5000m, and 10,000m** will be conducted as **time trials**.
8. Athletes intending to use their **own equipment** must submit it at least **two hours before** the event.
9. The **Under-14 Triathlon** will be conducted as a **direct final**. The winner will be decided based on **total points**.
10. All athletes are subject to **age verification**. **Final results** will be confirmed only after **successful verification**, if selected.
11. All athletes are required to carry original documents, including the **Date of Birth Certificate, Class X Certificate, School/College ID Card, UID, and any other valid age proof**. In the absence of these documents, participation may be denied.
12. Event timings are **tentative**. Athletes are advised to remain **alert for updates or changes**.
13. Any form of **indiscipline** will not be tolerated and may result in **disqualification**.
14. All athletes who **qualify for the finals** in any event are required to **participate in the finals**. Any athlete who, without **prior approval**, fails to participate shall be liable for **disciplinary action** in accordance with the rules of the **Athletics Federation of India (AFI)**. Exemption from participation may be granted only in **exceptional circumstances**, subject to **prior approval of the jury**.

Rules & Regulations for Delhi State Summer Open Athletics Championships- June 2026

1. यह कार्यक्रमों की अस्थायी क्रम सूची / समय-सारणी है, जिसे आवश्यकता एवं परिस्थितियों के अनुसार बदला या संशोधित किया जा सकता है।
BIB नंबर केवल Jawaharlal Nehru Stadium में प्रतियोगिता के दिन, संबंधित इवेंट से कम से कम 2 घंटे पहले वितरित किए जाएंगे।
प्रतिभागियों को BIB नंबर प्राप्त करते समय अपना मूल फोटो पहचान पत्र एवं एंट्री रसीद प्रस्तुत करना अनिवार्य होगा।
BIB नंबर से संबंधित किसी भी जानकारी हेतु कृपया संपर्क करें: 9999284421, 9582698491, 9968180799, 9401818688।
2. □ हाई जंप, पोल वॉल्ट, जैवलिन थ्रो एवं हैमर थ्रो में भाग लेने वाले खिलाड़ियों को अपने इवेंट से 1 घंटा पूर्व रिपोर्ट करना होगा। अन्य सभी खिलाड़ियों को अपने इवेंट से 45 मिनट पूर्व रिपोर्ट करना अनिवार्य है।
3. □ ट्रैक इवेंट्स में शीर्ष 8 खिलाड़ी फाइनल के लिए क्वालिफाई करेंगे। यदि प्रतिभागियों की संख्या 8 से कम होती है, तो इवेंट सीधे फाइनल के रूप में आयोजित किया जाएगा।
4. □ जिन इवेंट्स में 4 से कम प्रतिभागी होंगे, उन्हें ट्रायल इवेंट माना जाएगा। ऐसे इवेंट्स में कोई पदक या प्रमाण पत्र प्रदान नहीं किया जाएगा।
5. □ सभी आपत्तियाँ (प्रोटेस्ट) परिणाम की आधिकारिक घोषणा के 30 मिनट के भीतर TIC में ₹2,000 शुल्क के साथ जमा करनी होंगी, जैसा कि Athletics Federation of India (AFI) के नियमों में निर्धारित है। जूरी का निर्णय अंतिम एवं बाध्यकारी होगा।
6. □ हर्डल रेस एवं 800m, 1500m, 3000m, 5000m तथा 10,000m दौड़ प्रतियोगिताएँ टाइम ट्रायल के आधार पर आयोजित की जाएंगी।
7. □ जो खिलाड़ी अपना स्वयं का उपकरण उपयोग करना चाहते हैं, उन्हें इवेंट से कम से कम 2 घंटे पूर्व उपकरण जमा कराना होगा।
8. □ अंडर-14 ट्रायथलॉन सीधे फाइनल के रूप में आयोजित किया जाएगा। विजेता का निर्णय कुल अंकों के आधार पर किया जाएगा।
9. □ सभी खिलाड़ियों की आयु सत्यापन के अधीन होगी। चयनित खिलाड़ियों के परिणाम सफल सत्यापन के पश्चात ही अंतिम माने जाएंगे।
10. □ सभी खिलाड़ियों को अपने मूल दस्तावेज साथ लाना अनिवार्य है, जिनमें जन्म प्रमाण पत्र, कक्षा 10वीं का प्रमाण पत्र, स्कूल/कॉलेज आईडी कार्ड, UID तथा अन्य वैध आयु प्रमाण शामिल हैं। दस्तावेजों के अभाव में भागीदारी से वंचित किया जा सकता है।
11. □ इवेंट का समय अस्थायी (Tentative) है। खिलाड़ियों को किसी भी अपडेट या परिवर्तन के लिए सतर्क रहने की सलाह दी जाती है।
12. □ किसी भी प्रकार की अनुशासनहीनता बर्दाश्त नहीं की जाएगी तथा इससे अयोग्यता (Disqualification) हो सकती है।
13. □ जो खिलाड़ी किसी भी इवेंट के फाइनल के लिए क्वालिफाई करते हैं, उनके लिए फाइनल में भाग लेना अनिवार्य होगा। कोई भी खिलाड़ी यदि बिना पूर्व अनुमति के फाइनल में भाग नहीं लेता है, तो उसके विरुद्ध Athletics Federation of India (AFI) के नियमों के अनुसार अनुशासनात्मक कार्रवाई की जा सकती है। विशेष परिस्थितियों में, जूरी की पूर्व अनुमति से ही छूट प्रदान की जाएगी।

DELHI STATE OPEN SUMMER ATHLETICS CHAMPIONSHIP{02-04 JUNE 2026}					
Jawaharlal Nehru Stadium, New Delhi					
Order of Event {Version 1.1}				As on 26.05.2026	
DAY-01{02 JUNE 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
101	0600hrs	10000m	MEN (38.00.00)	MEN	FINAL
102	0600hrs	LONG JUMP	(5m APPROACH)	BOYS-16	FINAL
103	0600hrs	10000m	WOMEN (47.00.00)	WOMEN	FINAL
104	0630hrs	DISCUS THROW	1KG	GIRLS-18	FINAL
105	0630hrs	JAVELIN THROW	500 gm (10m APPROACH)	GIRLS - 16	FINAL
106	0645hrs	60m		BOYS-14	TRIATHLON - A
107	0700hrs	LONG JUMP	(5mAPPROACH)	GIRLS-16	FINAL
108	0700hrs	60m		GIRLS-14	TRIATHLON - A
109	0710hrs	600m		BOYS-16	TIME TRIAL / FINAL
110	0715hrs	DISCUS THROW	1.5kg	BOYS-18	FINAL
111	0715hrs	JAVELIN THROW	600gm (10m APPROACH)	BOYS - 16	FINAL
112	0735hrs	600m		GIRLS-16	TIME TRIAL / FINAL
113	0745HRS	400m		MEN	HEATS
114	0800hrs	HIGH JUMP		GIRLS-18	FINAL
115	0800hrs	LONG JUMP	(5m APPROACH)	BOYS-14	TRIATHLON - A
116	0815HRS	400m		JR MEN (BOYS-20)	HEATS
117	0830hrs	SHOTPUT	3kg (STANDING)	GIRLS-16	FINAL
118	0835HRS	400m		BOYS-18	HEATS
119	0900hrs	LONG JUMP	(5m APPROACH)	GIRLS -14	TRIATHLON - A
120	0900hrs	HIGH JUMP		BOYS-18	FINAL
121	0915hrs	SHOTPUT	4 KG (STANDING)	BOYS-16	FINAL
BREAK					
122	1600hrs	SHOTPUT	4 kg	WOMEN	FINAL
123	1600hrs	SHOTPUT	4 kg	JR WOMEN (GIRLS - 20)	FINAL

124	1600hrs	DISCUS THROW	1.75KG	JR MEN (BOYS-20)	FINAL
125	1600hrs	400m		MEN	FINAL
126	1600hrs	LONG JUMP		JR MEN (BOYS-20)	FINAL
127	1600hrs	HIGH JUMP	{SCISSORS}	BOYS-14	TRIATHLON A
128	1610hrs	400m		WOMEN	FINAL
129	1620hrs	400m		JR MEN (BOYS-20)	FINAL
130	1630hrs	400m		JR WOMEN (GIRLS- 20)	FINAL
131	1640hrs	400m		BOYS-18	FINAL
132	1650hrs	400m		GIRLS-18	FINAL
133	1700hrs	POLE VAULT		JR WOMEN (GIRLS-20)	FINAL
134	1700hrs	POLE VAULT		WOMEN	FINAL
135	1700hrs	POLE VAULT		JR MEN (BOYS-20)	FINAL
136	1700hrs	POLE VAULT		MEN	FINAL
137	1700hrs	DISCUS THROW	2kg	MEN	FINAL
138	1700hrs	LONG JUMP		MEN	FINAL
139	1700hrs	HIGH JUMP	{SCISSORS}	GIRLS-14	TRIATHLON A
140	1700hrs	1000m		BOYS-18	FINAL
141	1725hrs	1000m		GIRLS-18	FINAL
142	1730hrs	JAVELIN THROW	500 gm.	GIRLS-18	FINAL
143	1735hrs	1500m		MEN	TIME TRIAL/FINAL
144	1750hrs	1500m		JR MEN (BOYS-20)	TIME TRIAL/FINAL
145	1800hrs	HAMMER THROW	7.26kg	MEN	FINAL
146	1800hrs	HAMMER THROW	6.000 kg	JR MEN (BOYS-20)	FINAL
147	1805hrs	1500m		WOMEN	TIME TRIAL/FINAL
148	1805hrs	1500m		JR WOMEN (GIRLS-20)	TIME TRIAL/FINAL

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Jawaharlal Nehru Stadium, New Delhi					
Order of Event {Version 1.1}				As on 26.05.2026	
DAY-02{03 JUNE 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
301	0600hrs	5000m	Men - (17:00.00 Min)	MEN	FINAL
302	0620hrs	5000m	JR Men BOYS - 20 (18:00.00Min)	JR MEN (BOYS - 20)	FINAL
303	0645hrs	5000m	WOMEN - (23:00.00)	WOMEN	FINAL
304	0645hrs	5000m	Jr Women GIRLS - 20 (25:00.0min)	JR WOMEN (GIRLS - 20)	FINAL
305	0700hrs	SHOTPUT	3kg	GIRLS-18	FINAL
306	0715hrs	60m		BOYS-14	TRIATHLON - B
307	0740hrs	60m		GIRLS-14	TRIATHLON - B
308	0800hrs	JAVELIN THROW	600gm	JR WOMEN (GIRLS-20)	FINAL
309	0800hrs	JAVELIN THROW	600gm	WOMEN	FINAL
310	0800hrs	LONG JUMP	(5m APPROACH)	BOYS-14	TRIATHLON - B
311	0800hrs	100m		MEN	HEATS
312	0845hrs	JAVELIN THROW	700 gm.	BOYS-18	FINAL
313	0845hrs	100m		WOMEN	HEATS
314	0855hrs	100m		JR MEN (BOYS-20)	HEATS
315	0900hrs	LONG JUMP	(5m APPROACH)	GIRLS -14	TRIATHLON - B
316	0915hrs	100m		BOYS - 18	HEATS
317	0945hrs	100m		GIRLS 18	HEATS
BREAK					
318	1600hrs	TRIPLEJUMP		JR WOMEN (GIRLS-20)	FINAL
319	1600hrs	TRIPLEJUMP		WOMEN	FINAL
320	1600hrs	80m HURDLE	Boys 16 – 0.838 m, (07 Flight)	BOYS - 16	TIME TRIAL / FINAL
321	1600hrs	SHOTPUT	1kg BACK THROW	TRIATHLON BOYS - 14	TRIATHLON B
322	1600hrs	JAVELIN THROW	800gm.	JR MEN (BOYS - 20)	FINAL

323	1600hrs	DISCUS THROW	1kg	JR WOMEN (GIRLS-20)	FINAL
324	1600hrs	DISCUS THROW	1kg	WOMEN	FINAL
325	1615hrs	80m HURDLE	Girls 16 - 0.762m (08 flight)	GIRLS - 16	TIMR TRIAL / FINAL
326	1640hrs	400m(H)	0.914m	MEN	TIME TRIAL/FINAL
327	1650hrs	400m(H)	0.914m	JR MEN (BOYS-20)	TIME TRIAL/FINAL
328	1700hrs	TRIPLE JUMP		JR MEN (BOYS-20)	FINAL
329	1700hrs	TRIPLE JUMP		MEN	FINAL
330	1700hrs	400m(H)	0.762m	WOMEN	TIME TRIAL/FINAL
331	1700hrs	400m(H)	0.762m	JR WOMEN (GIRLS - 20)	TIME TRIAL/FINAL
332	1700hrs	SHOTPUT	1kg BACK THROW	TRIATHLON GIRLS-14	TRIATHLON B
333	1700hrs	HIGH JUMP		WOMEN	FINAL
334	1700hrs	HIGH JUMP		JR WOMEN (GIRLS- 20)	FINAL
335	1700hrs	JAVELIN THROW	800 gm.	Men	FINAL
336	1710hrs	100m		MEN	FINAL
337	1720hrs	100m		WOMEN	FINAL
338	1730hrs	100m		JR MEN (BOYS-20)	FINAL
339	1740hrs	100m		JR WOMEN (GIRLS 20)	FINAL
340	1750hrs	100m		BOYS - 18	FINAL
341	1800hrs	100m		GIRLS 18	FINAL

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Jawaharlal Nehru Stadium, New Delhi					
Order of Event {Version 1.1}				As on 26.05.2026	
DAY-03 {04 JUNE 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
301	0600hrs	3000m		JR MEN (BOYS - 20)	FINAL
302	0600hrs	3000m		JR WOMEN (GIRLS - 20)	FINAL
303	0620hrs	60m		BOYS-14	TRIATHLON - C
304	0640hrs	60m		GIRLS-14	TRIATHLON - C
305	0650hrs	60m		BOYS -16	HEATS
306	0700hrs	KIDS JAVELIN	(5m APPROACH)	BOYS-14	FINAL
307	0730hrs	LONG JUMP	(5m APPROACH)	BOYS-14	TRIATHLON - C
308	0730hrs	60m		GIRLS -16	HEATS
309	0740hrs	200m		MEN	HEATS
310	0800hrs	KIDS JAVELIN	(5m APPROACH)	GIRLS-14	FINAL
311	0800hrs	HIGH JUMP		MEN	FINAL
312	0800hrs	HIGH JUMP		JR MEN (BOYS-20)	FINAL
313	0815hrs	200m		WOMEN	HEATS
314	0825hrs	200m		JR MEN (Boys - 20)	HEATS
315	0830hrs	LONG JUMP	(5m APPROACH)	GIRLS -14	TRIATHLON - C
316	0845hrs	200m		BOYS-18	HEATS
317	0900hrs	SHOTPUT	5kg	BOYS-18	FINAL
318	0920hrs	200m		GIRLS- 18	HEATS
319	0930hrs	LONG JUMP		WOMEN	FINAL
320	0930hrs	LONG JUMP		JR WOMEN (GIRLS- 20)	FINAL
BREAK					
321	1530hrs	110m(H)	Men 1.067m (10 Flights)	MEN	TIME TRIAL / FINAL
322	1540hrs	110m(H)	Jr. Men – 0.99m (10 Flights)	JR MEN (BOYS - 20)	TIME TRIAL / FINAL
323	1550hrs	110m(H)	Boys 18 – 0.914m (10 Flights)	BOYS - 18	TIME TRIAL / FINAL

324	1600hrs	HIGH JUMP	{SCISSORS}	BOYS-16	FINAL
325	1600hrs	LONG JUMP		GIRLS-18	FINAL
326	1600hrs	SHOTPUT	6kg	JR MEN (BOYS-20)	FINAL
327	1605hrs	100m(H)	0.838m (10 flight)	WOMEN	TIME TRIAL/FINAL
328	1610hrs	100m(H)	0.838m (10 flight)	JR WOMEN (GIRLS-20)	TIME TRIAL/FINAL
329	1620hrs	100m(H)	0.762m (10 Flights)	GIRLS-18	TIME TRIAL/FINAL
330	1630hrs	60m		BOYS - 16	FINAL
331	1635hrs	60m		GIRLS - 16	FINAL
332	1645hrs	200m		MEN	FINAL
333	1650hrs	LONG JUMP		BOYS-18	FINAL
334	1655hrs	200m		WOMEN	FINAL
335	1700hrs	HIGH JUMP	{SCISSORS}	GIRLS-16	FINAL
336	1700hrs	SHOTPUT	7.26kg	MEN	FINAL
337	1705hrs	200m		JR MEN (Boys - 20)	FINAL
338	1715hrs	200m		JR.WOMEN (GIRLS - 20)	FINAL
339	1725hrs	200m		BOYS-18	FINAL
340	1730hrs	HAMMER THROW	4.000 kg	WOMEN	FINAL
341	1730hrs	HAMMER THROW	4.000 kg	JR WOMEN (GIRLS - 20)	FINAL
342	1735hrs	200m		GIRLS- 18	FINAL
343	1745hrs	600m		TRIATHLON BOYS-14	TRIATHLON C
344	1800hrs	600m		TRIATHLON GIRLS-14	TRIATHLON C
345	1810hrs	800m		MEN	TIME TRIAL/FINAL
346	1820hrs	800m		JR MEN (BOYS-20)	TIME TRIAL/FINAL
347	1830hrs	800m		WOMEN	TIME TRIAL/FINAL
348	1830hrs	800m		JR WOMEN(GIRLS- 20)	TIME TRIAL/FINAL